



Safari Child Care Center · 403 P Avenue · Milford, Iowa · 51351 · (712) 338-2731

October 1, 2019/2020

Participants must be served milk at breakfast and lunch/dinner unless an exception statement from a medical authority is on file stating the nature of the problem, listing foods to avoid and alternate foods to be substituted. • Unflavored whole milk must be served to 1 year olds; unflavored low-fat or fat-free milk must be served to children 2 through 5 years old; and unflavored low-fat, unflavored fat-free, or flavored fat-free milk must be served to children 6 years old and older and adults;

• Non-dairy milk substitutes that are nutritionally equivalent to milk may be served in place of milk to children or adults with medical or special dietary needs;

Examples:

Acidified milk, cultured milk or kefir

Cow's milk, flavored or unflavored including chocolate, skim, non-fat or fat free, reduced fat or low fat, whole

Goats milk

Lactose-reduced

milkshakes-only the milk portion

Soy milk-(only if an exception statement is on file and the nutrients are similar to cow's milk)

I understand and have read what is creditable for milk and milk products at Safari Child Care Center. I am responsible for bringing in child's own product and understand the nutrients need to be similar to cow's milk.

SIGNATURE _____

DATE _____

These Rules and Regulations can be found at https://fns-prod.azureedge.net/sites/default/files/cacfp/CACFP_MealBP.pdf